

## Lap Band and Health Issues

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Many individuals who have undergone Lap Band surgery also see positive outcomes to other weight-related health issues. Individuals who have battled issues like sleep apnea, high blood pressure, Type 2 diabetes, high cholesterol soon see improvement following the procedure. With proper dieting and exercise, lap band patients will notice an improvement in their overall health and self-confidence following Lap Band surgery.

Unlike other weight loss surgeries, Lap Band Surgery does not involve any cutting or stapling of the stomach. This less invasive surgical procedure prevents possible medical problems down the road as opposed to more aggressive surgeries for weight loss.